



# NTI Retreat

*Friday September 18 to Saturday September 26, 2009*

## NTI September 2009 Retreat Program at a Glance

	<i>Time</i>	<i>Facilitator</i>	<i>Program</i>
<b>Friday September 18, 2009</b> (light refreshments)			
1	6-9pm	Revs. Sandi, Barry, Susan	Orientation
<b>Saturday September 19, 2009</b>			
2	10am-12pm	Revs. Sandi, Barry	Thoughtful Prayers - Developing Your Own Personal Affirmations <i>open to public</i>
	12-1pm	everyone	potluck lunch
3	1-3pm	Ean St-Claire	Crystal Healing Journey <i>open to public</i>
	3-5pm	on own	Supper
	5pm	everyone	Meet at Centre to travel to Marco Polo Land for field trip
4	6-8pm	Rev. Barry	Field Trip - Public Demonstration of Gifts of Spirit
<b>Sunday September 20, 2009</b> (Session 5 includes a smoothie)			
5	10-11am	Revs. Barry, Sandi, Susan	NTI Student Check-In
6	11am-5pm	Revs. Barry, Sandi, Susan	Level I - Meditation as Gateway to Intuitive Development <i>open to public</i>
	1:30-2pm	everyone	potluck lunch
	5-7pm	on own	Supper
7	7-9pm	Rev. Barry	Message Circle <i>open to public</i>
<b>Monday September 21, 2009</b> (Session 8 includes a smoothie)			
8	10-11am	Revs. Barry, Sandi, Susan	NTI Student Check-In
9	11am-1:30pm	Ellen Hicks	Good and Bad Helping
	1:30-2pm	Margaret Flood	Lunch - soup and hearty bread
10	2-4:30pm	Rev. Susan	World Religions
	4:30-6:30	on own	Supper
11	6:30-8:30	Revs. Barry, Sandi, Susan	Interfaith Ministry
<b>Tuesday September 22, 2009</b> (Session 12 includes a smoothie)			
12	10-11am	Revs. Barry, Sandi	NTI Student Check-In
13	11am-1:30pm	Ean St-Claire	States of Integrity and The Integrity Tone Scale

	1:30-2pm	Margaret Flood	Lunch - soup and hearty bread
14	2-4:30pm	Ellen Hicks	Basic Communication Skills
	4:30-6:30	on own	Supper
15	6:30-8:30	Rev. Barry	Symbolism
<b>Wednesday September 23, 2009</b> (Session 16 includes a smoothie)			
16	10-11am	Revs. Barry, Sandi	NTI Student Check-In
17	11am-1:30pm	Daphne Campbell	Ethics
	1:30-2pm	Margaret Flood	Lunch - soup and hearty bread
18	2-4:30pm	Revs. Barry, Sandi, Susan	Healing Modalities
	4:30-6:30	on own	Supper
19	6:30-8:30	on own	STUDY Period to prepare for EXAM INDIVIDUAL consults with mentor
<b>Thursday September 24, 2009</b> (Session 20 includes a smoothie)			
20	10am-12:30pm	Rev. Sandi	EXAM for those who have completed the distance education component INDIVIDUAL consults with mentor
21	12:30-1:30pm	Revs. Barry, Sandi	NTI Student Check-In
	1:30-2pm	Margaret Flood	Lunch - soup and hearty bread
22	2-4pm	Revs. Barry, Sandi	Creating a Sacred Space - preparing for Service
	4-6:30	on own	Supper and prepare for Service
23	7-9pm	Revs. Barry, Sandi, Susan	Interfaith Celebration Service and Dedication/Graduation of NTI Students and Volunteer Recognition
<b>Friday September 25, 2009</b> (Session 24 includes a smoothie)			
24	10-11am	Revs. Barry, Sandi	NTI Student Check-In
25	11am-1:30pm	Marie Nantes	Writing a Paper and a Thesis
	1:30-2pm	Margaret Flood	Lunch - soup and hearty bread
26	2-4:30pm	Revs. Barry, Sandi	Developing Your Ministry Plan
	4:30-6:30	on own	Supper
27	6:30-8:30	Revs. Barry, Sandi	Connecting to Spirit
<b>Saturday September 26, 2009</b> (Session 28 includes a smoothie)			
28	10-11	Rev. Tim Miner	Council of Interfaith Congregations - US
29	11-1	Revs. Barry, Sandi	NTI Retreat Wrap-up
<i>Blessings as you embark on this journey!</i>			

## **NTI Retreat Program In-Depth** **Friday September 18 Saturday September 26, 2009**

### **SESSION 1: Friday, September 18, 2009 6-9pm Orientation**

- **Facilitators:** *Revs. Sandi, Barry, Susan* Introduction of students
- who they are, what they do,
- what their NTI program (CASC, SC, SH, SM and/or OM) goals are and
- what drew them to NTI
- **Introduction to OIIM**
- OIIM principles
- who and what we are
- charitable status
- chapters
- OIIM supports
- **Introduction to NTI**
- why NTI?
- NTI's goals
- NTI's vision
- NTI's programs

### **SESSION 2: Saturday, September 19, 2009 10am – 12noon Thoughtful Prayers - Developing Your Own Personal Affirmations**

**Facilitators:** *Revs. Sandi, Barry*

- creating thoughtful prayers
- developing personal affirmations
- intentions shape our beliefs which shape our thoughts
- prayerful visioning has the power to heal and shape the future
- *open to the public*

### **SESSION 3: Saturday, September 19, 2009 1 - 3pm Crystal Healing Journey**

**Facilitators:** *Ean St-Claire*

- journey into crystals and learn their healing power
- build a grid to assist in their
- power of healing
- program your own crystal
- *open to the public*

### **SESSION 4: Saturday, September 19, 2009 5pm-8pm Field Trip - Public Demonstration of Gifts of Spirit**

- Join Rev. Barry as he conducts a public demonstration of gifts of spirit at Marco Polo Land to a group of women on retreat (we can drive you)
- this is an opportunity to witness a demonstration in a reverent and respectful context
- expose you to ideas of how to elevate your skills and Ministry in your community - we will brain storm appropriate activities the following day during our check in

### **SESSION 5: Sunday, September 20, 2009 10-11am NTI Student check in**

- Prayer
- Meditation
- Check in on previous day's activities

**SESSION 6: Sunday, September 20, 2009 11am - 5pm Level I**

**Facilitators:** *Revs. Sandi, Barry, Susan*

- Level I Meditation as a gateway to Intuitive Development
- Introduction to spiritual healing, connecting to spirit, symbols and colour interpretation, the chakras
- Recognizing and developing one's own intuition
- Introduction to the Interfaith Ministry - 'The Path are Many, the Truth is One ~ Love Thy Neighbour'  
• *open to the public*

**SESSION 7: Sunday, September 20, 2009 7pm - 9pm Message Circle**

**Facilitators:** *Rev. Barry*

- Enjoy a discussion, questions and answers on matters of spirit
- enjoy an evening with like-minded people
- each participant will receive a heavenly message for the soul
- *open to the public*

**SESSION 8: Monday, September 21, 2009 10 - 11am NTI Student check in**

- Prayer
- Meditation
- Check in on previous day's activities

**SESSION 9: Monday, September 21, 2009 11am - 1:30pm Good and Bad Helping**

**Facilitator:** *Ellen Hicks*

- learn the do's and don'ts of helping
- distinguish between 'good' helping and 'bad' helping
- experiential exercises to reinforce home studies in MODULE I

**SESSION 10: Monday, September 21, 2009 2pm - 4:30pm World Religions**

**Facilitator:** *Rev. Susan Eaton*

- discuss the major tenets of the world's religions
- experiential activities to compare the world's religions
- discover the roots of energy work and vibrational healing in the spiritual practices of the world's religions
- reinforces concepts in MODULE IV

**SESSION 11: Monday, September 21, 2009 6:30pm - 8:30pm Interfaith Ministry**

**Facilitators:** *Revs. Sandi, Barry, Susan*

- what is 'Interfaith'?
- platform decorum
- setting up an OIIM Chapter
- reinforces concepts in MODULE IV

**SESSION 12: Tuesday, September 22, 2009 10-11am NTI Student check in**

- Prayer
- Meditation
- Check in on previous day's activities

### **SESSION 13: Tuesday, September 22, 2009 11-1:30pm The Integrity Scale**

**Facilitator:** *Ean St-Claire*

- what is the Integrity Tone Scale
- how can you use it in your practise
- reinforces holistic concepts taught in MODULE III

### **SESSION 14: Tuesday, September 22, 2009 2 - 4:30pm Basic Communication Skills**

**Facilitator:** *Ellen Hicks*

- reinforces skills and concepts taught in MODULE I
- basic communication styles
- basic conflict styles as they relate to communication
- experiential activities
- communication techniques that open the door to communication, those that close the door to communication, those that escalate conflict and those that de-escalate conflict

### **SESSION 15: Tuesday, September 22, 2009 6:30 - 8:30pm Symbolism**

**Facilitator:** *Rev. Barry King*

- at the root of all intuitive and psychic experiences is a basic understanding of symbols, colour and sound
- reinforce concepts taught in MODULE IV
- learn to recognize these symbols and to interpret them with both universal meaning and personal meaning
- learn to use this understanding effectively in your practice

### **SESSION 16: Wednesday, September 23, 2009 10-11am NTI Student check in**

- Prayer
- Meditation
- Check in on previous day's activities

### **SESSION 17: Wednesday, September 23, 2009 11am - 1:30 Ethics**

**Facilitator:** *Daphne Campbell*

- ethical behaviour
- personal ethics
- a code of ethics
- scope of practise
- use of information and technology
- reinforces concepts in MODULE I

### **SESSION 18: Wednesday, September 25, 2009 2 - 4:30 Healing Modalities**

**Facilitators:** *Revs. Sandi, Barry, Susan*

- reiki, seiki, therapeutic touch, chung chi, chi chong - what do they have in common?
- experiential activities
- reinforces concepts taught in MODULE III

**SESSION 19: Wednesday, September 23, 2009 6:30-8:30 Study Period**

**SESSION 20: Thursday, September 24, 2009 10-12:30pm EXAM or Individual Consult with Mentor**

- Facilitator:** *Rev. Sandi King*, NTI Registrar, BA, Bed, MEd, PhD(TC), OM, CCC, Reiki Master, n.d.
- reinforcing and evaluates concepts learned in MODULES I - IV for the CASC program

**SESSION 21: Thursday, September 24, 2009 12:30-1:30pm NTI Student check in**

- Prayer
- Meditation
- Check in on previous day's activities

**SESSION 22: Thursday, September 24, 2009 2-4pm Creating a Sacred Space**

- setting up for a public service in a tasteful and reverent fashion
- creating a sacred space

**SESSION 23: Thursday, September 24, 2009 7-9pm Interfaith Celebration and Graduation/Dedications**

**Officiating:** *Rev. Barry King*

- a gala evening celebrating the interfaith tradition for family and friends
- demonstrating gifts of spirit to the public
- NTI graduations and dedication of NTI students to the Ministry
- followed by a light reception
- recognition of volunteers

**SESSION 24: Friday, September 25, 2009 10-11 NTI Student check in**

- prayer
- meditation
- check in

**SESSION 25: Friday, September 25, 2009 11am - 1:30 Writing a Thesis**

**Facilitator:** *Marie Nantes*

- formatting a paper
- expressing the main idea
- developing the key points
- references
- research
- reinforce concepts in MODULE II
- *be prepared to work on your thesis required for SPR A-204-3 Spirituality Thesis I*

**SESSION 26: Friday, September 25, 2009 2 - 4:30pm Developing Ministry Plan**

**Facilitator:** *Revs. Sandi, Barry King*

- goal setting
- action plans

- time lines
- reinforces concepts in MODULE II

### **SESSION 27:Friday, September 25, 2009 6:30-9 pm Connecting to Spirit**

**Facilitators:** *Revs. Sandi, Barry, Susan*

- exploring the many different divination tools
- exploring some of the leading research on connecting to spirit
- establishing boundaries while practising connecting to spirit
- learning protection from negative spirits
- how to give positive, constructive and uplifting messages
- reinforces concepts in MODULE IV

### **SESSION 28:Saturday, September 26, 2009 10-11am Council of Interfaith**

#### **Congregations - US**

**Facilitator:** *Rev. Tim Minor*

- what is CIC-US?
- how does OIIM and your chapter tie into CIC?
- questions about Interfaith Ministries in the US
- they are now the vessels of change for the world - as students they were filled with knowledge and information.
- It is now time for them to pour themselves out into the world.
- there is a larger community of interfaith waiting for NTI graduates to be part of and to be nurtured from as they minister to the world
- the world needs them

### **SESSION 29:Saturday, September 26, 2009 11am - 1pm NTI Retreat wrap-up**

**Facilitators:** *Revs. Sandi, Barry*

- debrief the whole week
- firm up goal setting
- where to now?
- warm fuzzies

## **BIOs of Instructors and Professors**

### *Full- Time Faculty*



**Rev. Barry-Douglas King**, *NTI Educational Director, B.Sc.(Honours), O.M., Ph.D.(T.C.), Reiki Master, n.d.*

Rev. Barry King is our *Educational Director*, and is co-founder, President and Senior Minister of the PEI (Prince Edward Island) Interfaith Ministry and OIIM (Open International Interfaith Ministry). He has a B.Sc. (Honours) from Dalhousie University, is an Ordained Minister through the Spiritual Science Fellowship (SSF) and has a Doctorate in Therapeutic Counselling awarded through the SSF Seminary, the IIIHS, in Montreal. He is also a registered clergy member through the ICCC (International Council of Community Churches) and the World Alliance of Interfaith Clergy. He has successfully completed the course work for a Masters in Education through the University of New



Brunswick.

Rev. Barry King has a rich background with over 35 years experience as a museum professional and educator. He has worked as a naturalist, artist, illustrator, author, editor, intuitive, counsellor and interfaith minister. Over the years, he has worked with children and adults in both informal and formal settings as an educator and has developed curricula for a variety of audiences. Among other books, he has published *“Many Paths, One Truth: An Affirmation of Spirit”* which presents a number of lectures on the Interfaith perspective.

Having a strong connection to Spirit since birth, he has worked to develop his intuitive gifts over the last 30 years. In that time, he has dedicated himself to sharing the certain knowledge that there is no death and that we are Spirit. Barry has an active practice for readings and consultations and is well known as a proof of survival medium. Rev. King has worked for over 25 years as an Interfaith, pastoral/Spiritual Counsellor, Spiritual Medium and Healer, helping people develop their spiritual connections and guidance. He is a Reiki Master and is registered as a Naturotherapist with ANN (the Association for Naturotherapists and Naturopaths). Through the PEI Interfaith Ministry, he encourages people to embrace the knowledge that intuitive abilities are gifts of Spirit and as such are everyone's birth right.

He and his wife, Rev. Sandi, have worked in the Interfaith Ministry for over 30 years, developing the PEI Interfaith Ministry and the Open International Interfaith Ministry. The ministry's website is [www.interfaithministry.com](http://www.interfaithministry.com). For over 5 years they produced and published the Interfaith magazine called *“The Intuitive Times”* with a distribution of up to 20,000 copies per issue. This magazine is still available at [www.intuitivetimes.ca](http://www.intuitivetimes.ca).

Rev. Barry & Rev. Sandi have offered spiritual counselling and pastoral services for many years and have spoken on the interfaith perspective as well as spiritual and intuitive counselling at the Canadian Counselling Association's annual conferences for the last several years.

**Rev. Sandi King**, *NTI Registrar, BA, Bed, MEd, PhD(TC), OM, CCC, Reiki Master, n.d.*



Rev. Sandi is our *Registrar*, and is co-founder, Treasurer and a Senior Minister with the PEI Interfaith Ministry and OIIM (Open International Interfaith Ministry). She has a B.A. from the University of New Brunswick in Fredericton, a B.Ed. From St. Thomas University in Fredericton, a M.Ed. In Counselling from the University of Maine at Orono. Rev. Sandi is an Ordained Minister through the Spiritual Science Fellowship and has a Doctorate in Therapeutic Counselling awarded through the SSF Seminary, the IIIHS, in Montreal and is also registered as a clergy member through the ICCC (International Council of Community Churches) and the World Alliance of Interfaith Clergy. She successfully completed the course work for a Certificate of Advanced Study at the University of Maine in Orono.



Rev. Sandi has the honour of being considered one of Canada's 1994 top seven innovative educators as a National Hilroy Fellowship winner. In 1992, a program she coordinated won the National Conference Board of Canada's Business Education Partnership. In May 2009 she was awarded the National Counsellor Practitioner Award by the Canadian Counselling Association. She has over 30 years experience in special education and counselling in both the public school system and in private practice. Sandi



is a cancer survivor and one of the Founding Members of the Canadian Breast Cancer network and the PEI Breast Cancer network. She was a featured woman in the 2000 Zonta Club's *Making History - A Celebration of Prince Edward Island Women of the 202th Century*. She is an ACOA (Adult Child of Addiction) who has dedicated through her work to sharing the gifts of well being found through techniques and methods that integrate body, mind and spirit; and mind over body techniques. Rev. Sandi is a Reiki Master, a Certified Canadian Counsellor and is registered as a Naturotherapist with ANN (the Association for Naturotherapists and Natauropaths). Rev. Sandi King has worked for over 30 years as an Interfaith, pastoral/Spiritual Counsellor and Healer, using her intuitive and healing gifts to help people develop their spiritual connections and guidance.



### *Associate Faculty*

**Rev. Susan Eaton**, *NTI Associate Professor, O.M., CASC, Reiki Master*

Rev. Susan is a Junior Minister and Board member with the PEI Interfaith Ministry and OIIM. She is deeply committed to life-long spiritual growth, offering support to others in

their personal spiritual journeys. As an OIIM Interfaith Minister she provides a safe forum for discussion and sharing of ideas and experiences of Gifts of Spirit. She is noted for a gentle, reassuring approach to teaching and sharing that encourages and assists those who would like to develop their own spiritual gifts.



As an Interfaith Minister, Rev. Susan works to encourage understanding and acceptance of all positive spiritual paths. She has conducted services, lectures, and workshops for many years which speak to people of diverse backgrounds and spiritual paths. Active in her community, Rev. Susan brings people together through her volunteer work with many organizations, including the P.E.I. International Friendship Association and the International Tea House.

### *Affiliate Faculty*

Affiliate faculty are those experts and professionals who offer advice and input for program development. They are usually authors of required readings and may from time to time be available for presentations at the intensive experiential retreats.

**Ellen Hicks**, *Owner of A.R.I.S.E. Counselling, Facilitation and Training Services, Counselling Services, BA, BEd, MEd, CCC and NTI student*

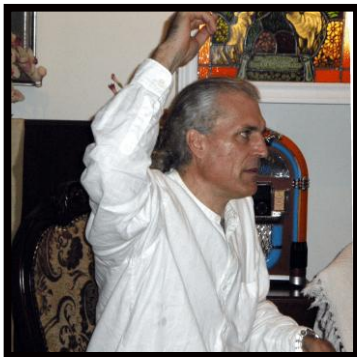
Ellen holds a Masters of Education in Counselling along with courses in teaching adults, gerontology, front-line leadership, peer counselling and relationship enhancement. She is a Certified Canadian Counsellor with the Canadian Counselling Association. She has written career development and professional content for software such as Choices; training programs to assist at-risk youth return to school, adults in transition, and career decision making which have been successfully used in North



America, Hungary and Romania. As a former director of advocacy and communications for the Canadian Paraplegic Association national office, she co-wrote and delivered a highly successful self-advocacy training program for clients and staff of various national associations providing services to persons with disabilities.

She has also written articles on career counselling from a Holistic Perspective and Grief as a transformative process for *The Intuitive Times*. Ellen presently owns her own business, A.R.I.S.E. Counselling, Facilitation and Training Services where she continues to share her passion for helping people and organizations grow, through personal counselling, communications training and organizational facilitation services.

**Ean St-Claire**, *Renowned Crystal Healer and Natural Products Pioneer*



Ean is the co-founder and a past Director of ATI (AIDS Therapy Institute). He is a natural products pioneer with extensive experience in the introduction, marketing and distribution of research-backed nutraceuticals and technology transfer. He created the 'DeLinking: Quantum Growth Process' in 1976 to facilitate individuals to accelerate and optimize health and wellness. He maintains practices throughout North America. He worked with and co-created the 'Integrity Scale' with Dr. Vern Black, the founder of Self-Determinism. He has also studied macrobiotic cooking and counsels on macrobiotic cooking food-as-medicine.



Ean shares his passion for Crystals and worked for many years alongside the late Jane Ann Dow, author of *The Crystal Journey*. They facilitated and taught classes in Santa Fe, New Mexico and on the magical island of Maui. Ean's workshops are interactive as well as inspiring for all. He discusses the metaphysical properties as well as the magic of crystals. Ean works with elegance, ease and grace. Ean will usually have some unique crystals for purchase.

***Sessional Lecturers***

**Marie Nantes**, *BEd, BA (Hon), MEd (Hon)*



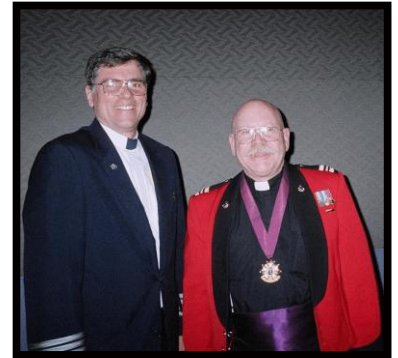
Marie Nantes has over thirty years experience in the field of education. In 1973 she received her Bachelor of Education (major in English) with Honours from the University of Prince Edward Island. Marie received the Educational Award of Distinction for maintaining the highest educational aggregate over the four year education program. In 1975 she received her Bachelor of Arts degree with Honours Distinction. In 1977 she was one of only two Island women who received her Masters Degree in Education with Honours from the St. Francis Xavier University with a major in Curriculum Development. Marie has taught English and writing to students from various levels. She has taught junior high school students, college students and high school students for over twenty years at Bluefield High School where she was also English Department Head. She has been recognized for taking a leadership role in

local and provincial English curriculum committees. Marie has a deep love of English Literature and is enthusiastic about sharing that with her students.

Marie has a life-long history of spiritual involvement including singing in her church choir, planning and working at the annual tea party, (fund-raiser), member of the Catholic Women's League which donates to the Food Bank, Upper Room, Island Pregnancy & Support Services, and the Christmas Angel Project. She has taught Sunday School from grade one to high school and has worked on retreat workshops and youth singing groups. She has participated in silent and guided retreats for Christian women.

**Chaplain (Rev.) Timothy Miner, CBC, OUnI and ED of CIC-US**

Reverend (Chaplain) Tim Miner CBC, OUnI, is the founding Executive Director of the Council for Interfaith Congregations of the U.S. and the National Corresponding Secretary for the Order of Universal Interfaith (OUnI). He is a certified law-enforcement chaplain with the United States' largest federal law enforcement agency. He volunteers as a chaplain at a local hospice, and also volunteers as a disaster chaplain for the Medical Reserve Corps of the United States. He is the Chaplain Coordinator for Region III of the MRC which includes the states of Pennsylvania, Delaware, New Jersey, Maryland, Virginia and the District of Columbia. He serves on the Washington (D.C.) Metropolitan Council of Governments Public Safety Chaplains Committee which provides liaison planning for disasters. He has been on the go-team for airline accidents since 1992 and has been on-site during six major airline accident investigations throughout the United States.



He is an active airline pilot and recently completed a 30-year career with the regular and reserve forces of the United States Air Force, during which time he served a tour of duty as a professor and Acting Head of the Geography program at the United States Air Force Academy. He is currently a member of the Bull Run Unitarian Universalists of Manassas, Virginia, where he leads the local meditation group affiliated with the Insight Meditation Community of Washington; teaches adult religious education classes and regularly conducts worship services. He is a 2008 graduate of The New Seminary of New York and he is an alumni of the Liberty Baptist Theological Seminary in Lynchburg, Virginia. His hobbies include international sport-social walking and he led an annual international walking festival for fitness and international friendship in Arlington, Virginia, and Washington, DC, from 2002-2008.

**Daphne Campbell, B.Sc., B.Ed., M.SW., RSW, CCC**



Ms. Campbell has a Bachelor of Science from Acadia University in Wolfville Nova Scotia, a Bachelor of Education from the University of Prince Edward Island and a Masters of Social Work from Dalhousie University in Halifax Nova Scotia. She maintains her professional status as a Registered Social Worker and as a Certified Canadian Counsellor. Daphne has worked for many years in the helping professions in various capacities. She has graced her warmth, professionalism and expertise to the Prince Edward Island Mental Health System, the Public School System and through private practise. She has led and participated on numerous professional committees

provincially, locally and through her professional organizations both provincially and nationally. For a number of years she held the post of Treasurer of the Canadian Counselling Association. She has won two national awards and was most recently recognized by the local Rotary Club for her dedication to professionalism. Daphne is an exemplary model of ethical and professional behaviour. She is looked to by her peers as a mentor and someone to look up to as a model to emulate. Daphne is extensively involved in her community with such activities as her church choir and the retired teachers choir. She quietly and discreetly offers support to those in need setting an example of the highest standard of ethical human behaviour.

*A special thank you  
to NTI student, Margaret Flood,  
who has so graciously and lovingly  
offered to provide us  
with morning smoothies  
and a healthy lunch.*